

Daily Exercises for a Saxophonist

Level 3

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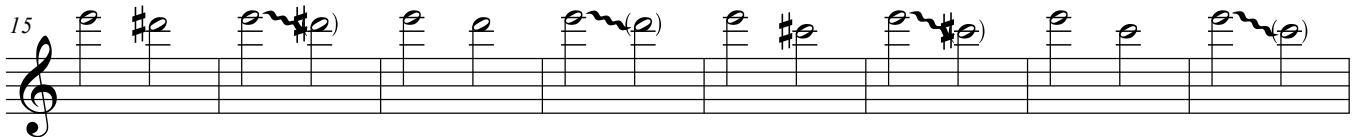
1. Mouthpiece Pitch Bends: Perform this exercise slowly and with a drone on A. Make sure to use a full airstream and do not bite. You can facilitate the pitch bends like you would whistling. In concert pitch.



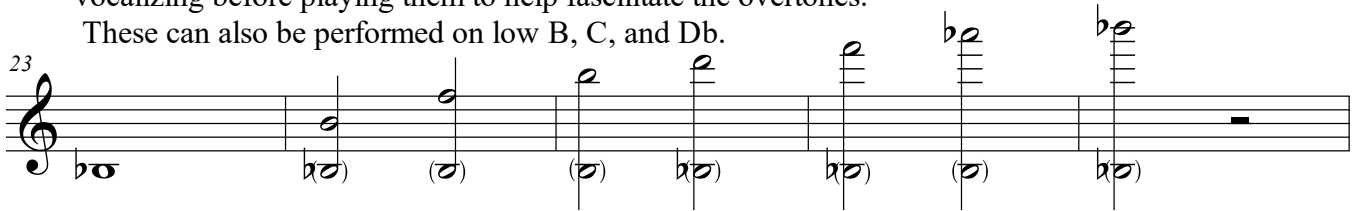
2. Mouthpiece on Neck: Use a characteristic full sound and airstream. The partials can be likened to the way mouthpiece bends and overtones can be facilitated through whistling higher. In concert pitch.



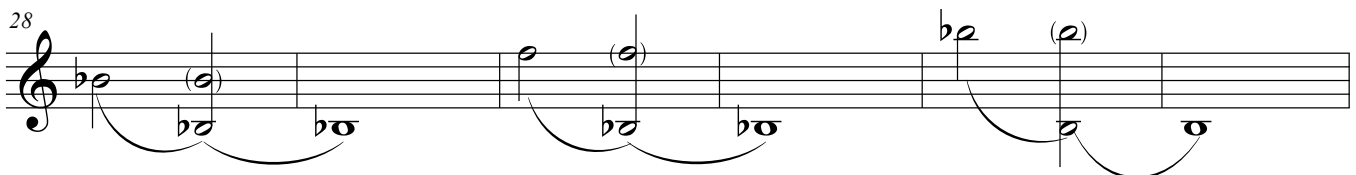
3. Palm Key Bends: Practice these slow and focus on your control. Play once as written, then using the same fingering bend down to the note in parentheses. You can also perform these on the front fingerings for E and F.



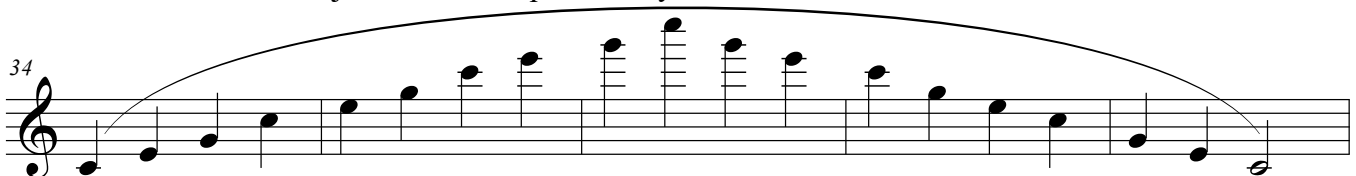
4. Overtone: These have a similar principal as the neck overtones. You can practice whistling and vocalizing before playing them to help facilitate the overtones. These can also be performed on low B, C, and Db.



5. Overtone Extraction: Play the first note, then switch to the lower counterpart while you maintain the note in parentheses. Then gently drop the octave to the indicated Bb the same way you would lower the pitch in a mouthpiece bend. The exercise can be performed on low B, C, and Db.



6. Altissimo Arpeggios: Focus on hearing the notes before you play them. You should have a uniform sound and beware of jaw tension. Repeat all keys.



7. Altissimo Octaves: Same concept as 6. Repeat all keys.

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8va

8. Altissimo Scales: Same concept as 6 & 7. Repeat all keys.

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