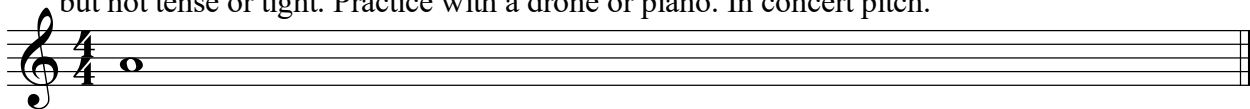


Daily Exercises for a Saxophonist

Level 1

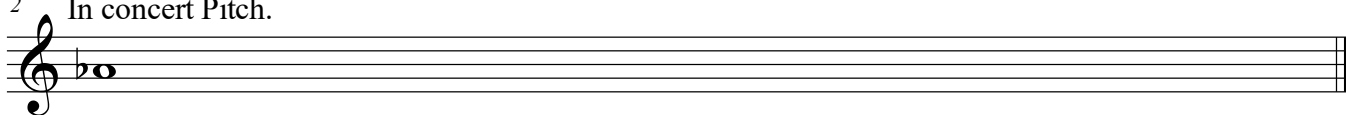
Joel Ferst

1. Mouthpiece Exercise: Use your tongue to adjust pitch. Use a standard embouchure, firm, but not tense or tight. Practice with a drone or piano. In concert pitch.



2. Mouthpiece and Neck: Create a characteristic sound with a full supported airstream.

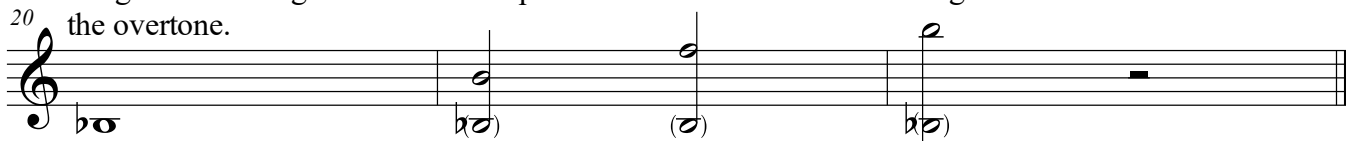
² In concert Pitch.



3. Chromatic Longtones: At a slow tempo. Use quick but gentle finger movement, and a supported airstream.



4. Overtone on Bb: Hum or whistle the note above the low Bb and feel how your tongue shifts while doing so. Then finger the low Bb in parentheses and recreate the feeling of the vocalization to create the overtone.



5. Octave Jumps: Use the applied vocalization technique above to prepare your tongue and airstream for moving between the octaves. Notice the subtle changes between each octave.

